

PLANT LIST FOR "THE PLAYFUL GARDEN" FOR RMCH SPONSORED BY VIRIDOR AND BUILT BY eBUILD JOINERY



LOWER TABLE-TOP GARDEN				
Botanical Name	Common Name	Horticultural and Therapeutic use	Care	
Mini trees and shrubs on top of the hill/tunnel				
<i>All these plants need more root space than the others and so are planted on the 'hill' where there is greater depth of compost</i>				
Artemisia	dracunculus	French Tarragon	Scent, taste, cooking, cuttings, drying	Evergreen, but tender so bring inside in winter
Laurus	nobilis	Bay	Scent, cooking, cuttings, drying	Evergreen, trim back to restrict size, eventually replace with cuttings
Salvia	officinalis Purpurascens Group	Purple Sage	Scent, taste, cooking, cuttings, drying	Evergreen, trim back to restrict size, eventually replace with cuttings
Origanum	vulgare 'Compactum'	Marjoram	Scent, taste, cooking, cuttings, drying, pink flowers in August attract bees	Evergreen, trim back dead flower heads. Lift and split to reduce size.
Melissa	officinalis 'Aurea'	Lemon Balm variegated	Scent, taste, tea, stem & root cuttings,	Semi-evergreen, cut back and split to restrict size.
Edging plants around the mini lake				
<i>These Thyme plants will happily grow in 10 - 20cm depth of compost</i>				
Thymus	serpyllum 'Pink Chintz'	Thyme Pink Chintz	Scent, taste, cooking, drying, pink flower in August attract bees etc.	Evergreen, trim back dead flower heads. Trim to reduce size.
Thymus	citriodorus 'Doon Valley'	Thyme Doone Valley	Scent, taste, cooking, drying, pink flower in August attract bees etc.	Evergreen, trim back dead flower heads. Trim to reduce size.
Thymus	citriodorus 'Prostrate'	Thyme Creeping Lemon	Scent, taste, cooking, drying, pink flower in August attract bees etc.	Evergreen, trim back dead flower heads. Trim to reduce size.
Thymus	citriodorus 'Variegated'	Thyme Lemon Variegated	Scent, taste, cooking, drying, pink flower in August attract bees etc.	Evergreen, trim back dead flower heads. Trim to reduce size.
Strawberry Fields				
<i>These Strawberry plants will happily grow in 10 - 20cm depth of compost, but will eventually become congested and will need lifting, splitting and refreshing with young/ new plants</i>				
Fragaria	vesca	Alpine strawberries	Scent, taste, cooking, pot on runners for replacement plants	Evergreen, lift and split when congested.
Farmer's fields				
<i>These are all quick growing plants, that can be sown from seed from March onwards; 2 or 3 harvests are possible in a good summer. Some varieties of lettuce, kale and spinach will grow through winter.</i>				
Raphanus	sativus	Radish	Grow from seed each year, taste	Hardy annual plant; lift and eat when ready and re-sow seeds
Brassica	oleracea	Kale	Grow from seed each year, taste, cooking	Hardy plant; cut and come again to restrict the size will grow in winter.
Anethum	graveolens	Dill	Grow from seed each year, taste, cooking	Tender annual plant; cut and come again. Sow seeds each spring.

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PLANTERS				
Botanical Name	Common Name	Horticultural and Therapeutic use	Care	
Six separate planters				
Phyllostachys	aureocaulis	Yellow bamboo	Touch, movement and sound	Keep well watered and fed. Will eventually out grow the planter
Fargesia	rufa		Touch, movement and sound	Keep well watered and fed. Will eventually out grow the planter
Foeniculum	vulgare 'Giant Bronze'	Bronze Fennel	Scent, cooking, seed collecting & drying, flowers attract insects	Deciduous, but perennial. Can reach 1.8m high. Will eventually out grow the planter*
Heuchera	Silver Scrolls'	Heuchera	Evergreen purple/silver foliage with pink flowers	Perennial. Will spread slowly; lift and split to keep healthy.
Dahlia	Bishop's Children'	Dahlia	Colourful purple leaves and red/orange flowers	Tender, so grow from seed each year or lift tubers and keep dry and cool over winter.*
Carex	oshimensis 'Evergold'	Variiegated Carex	Touch, movement	Evergreen, just cut out old leaves to keep healthy.
Hakonechola	macra aureola		Touch, movement	Deciduous, can leave on old leaves through winter and cut them back in March.
Stachys	byzantina 'Silver Carpet'	Lamb's ears	Touch, pink flowers in June/July attract bees etc.	Evergreen, cut back dead flower heads. Lift and split to control its size.
Gerbera	Sweet Collection'	Gerbera	Vibrant coloured flowers.	Hardy perennial, deciduous; cut back flowers and old foliage in the late autumn.
Ocimum	basilicum purpurescens	Purple Basil	Grow from seed each year, taste, cooking	Tender annual plant; sow seeds each spring.*
Brassica	oleracea	Kale	Grow from seed each year, taste, cooking	Hardy plant; cut and come again to restrict the size, will grow through winter.*
Lactuca	sativa	Lettuce	Grow from seed each year, taste, cooking	Hardy plants; Cut and come again to restrict the size will grow through mild winters.*

* Very easy to grow new plants from seed